

## Mailbox Migration

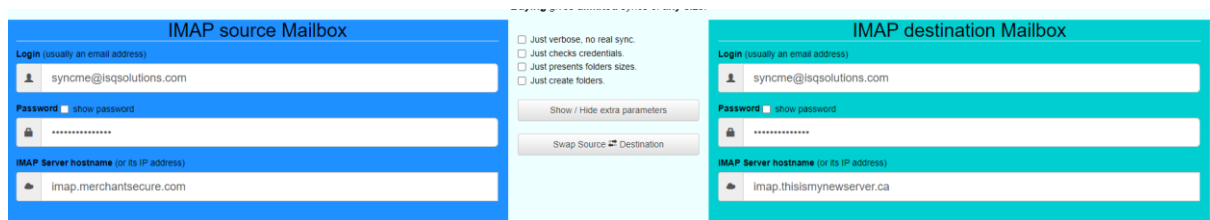
To save time, you could clean up your mailboxes before migration, so no unnecessary messages would have to be transferred.

### Recommend migration options

- \* [Export](#) and [Import](#) in **Microsoft Outlook** mail client
- \* Add-on "[ImportExportTools](#)" in **Thunderbird** mail client
- \* [IMAPsync](#) – an easy-to-use, browser-based client to sync your mailbox from one IMAP mail server to another.

### IMAPsync instructions

Simply enter your mailbox info (mailbox name, mailbox password) for the old account in the left fields and the mailbox info (mailbox name, mailbox password) for the new mail account in the right fields:



The screenshot shows the IMAPsync web interface with two main panels: "IMAP source Mailbox" (left, blue) and "IMAP destination Mailbox" (right, teal). Both panels have fields for "Login (usually an email address)", "Password" (with a "show password" toggle), and "IMAP Server hostname (or its IP address)". The source panel shows "syncme@isqsolutions.com", a masked password, and "imap.merchantsecure.com". The destination panel shows "syncme@isqsolutions.com", a masked password, and "imap.thisismynewservers.ca". Between the panels are checkboxes for sync options: "Just verbose, no real sync.", "Just checks credentials.", "Just presents folders sizes.", and "Just create folders.", along with "Show / Hide extra parameters" and "Swap Source ↔ Destination" buttons.

IMAP server hostname for ISQ mailboxes: [imap.merchantsecure.com](http://imap.merchantsecure.com)

IMAPsync by default won't create duplicates, so you can sync as often as you'd like or until you are ready to move your services to a different provider.

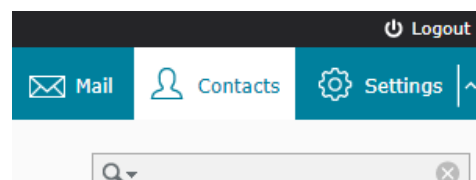
To start the sync process, click on "Sync or resync!" (depending on the size of your mailbox, the transfer may take some time.)

For bulk transfers, you could use Windows client: [imap-sync-gui](#)  
Versions for other operating systems (Linux, macOS) are available [here](#).

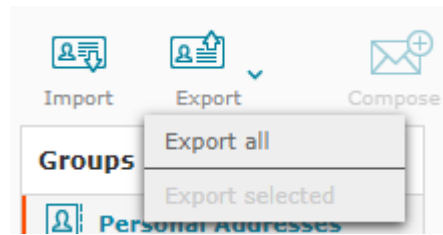
### Export your ISQ webmail contacts

Using [wm.isqsolutions.com](http://wm.isqsolutions.com):

Log in to [Webmail](#) with your e-mail address, in the upper right corner switch to the Contacts-View

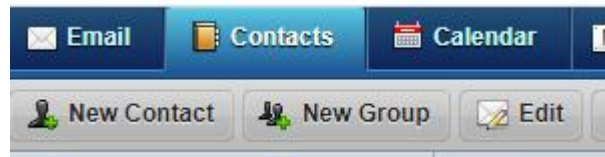


In the upper left corner click Export -> Export all to download your contacts in a VCF-File, which can be imported into most E-Mail or Contact-Clients.



Using [wm.merchantsecure.com](http://wm.merchantsecure.com):

Log in to [Webmail](http://Webmail) with your e-mail address, in the upper left corner, switch to the Contacts-View



In the grey bar on the top, select More -> Export all to download your contacts in a VCF-File, which can be imported into most E-Mail or Contact-Clients.

